

Nickerson's News

Volume I, Issue II

July 24, 2023

Special points of interest:

Growth Mindset

- Conferences - Early Dismissal 11:40 Wednesday, August 23 and Thursday, August 24 (evening)
- No School on Labor Day, September 4.
- Fall Intersession — October 2 - 17
- No School – Veteran's Day, Friday, November 10

Mindsets are beliefs individuals hold about their most basic qualities and abilities. In a Growth Mindset, people believe they can develop their brain, abilities, and talents. This view creates a love for learning, a drive for growth and a resilience that is essential for great accomplishments.

On the contrary, people with a Fixed Mindset believe that basic qualities such as intelligence and abilities are fixed, and can't be developed. They also believe that talent alone creates success, and see effort



as a sign of weakness rather than as an effective strategy needed to reach one's full potential.

Research has shown that students who hold a Growth Mindset perform better than those with a Fixed Mindset, especially under conditions of challenge (Blackwell, Trzesniewski, & Dweck, 2007). However, these

mindsets themselves are learned, and they can be changed. Adult feedback can influence students' mindset and performance in powerful ways (Mueller & Dweck, 1998). And when students are taught that the brain develops and gets smarter with effort and learning, they become more motivated in school and perform better (Blackwell, Trzesniewski, & Dweck, 2007; Good, Aronson, & Inzlicht, 2003.)

Attached is an article on The Power (and Peril) of Praising Kids.

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BLOCK

Monday - Band,,
Orchestra, Music, PE

Tuesday—
NO BLOCK

Wednesday - Band,,
Orchestra, Music, PE

Thursday - Band,,
Orchestra, Music, PE

Friday - Band,, Or-
chestra, Music, PE

Homework

Homework is an opportunity for students to reinforce skills learned during the day and review previously learned concepts. The following outlines optional homework.

- read 15 minutes including passages from class and library books.

- practice basic computation facts on "Mobymax"
- LEXIA Powerup

Projects may be assigned and students will be given 1-2 weeks to complete depending on the nature of the project.



Homework is in accordance with district policy, not to exceed 10 minutes per grade level.

